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V

I belong to an organization that supports the elderly as a volunteer. Through my involvement in supporting the elderly, my identity has found its foundation. Interacting with them, I have gained an understanding of the importance of respect and compassion, nurturing a sense of responsibility towards their lives. In addition, engaging in activities like visiting care facilities and providing daily assistance has brought a sense of fulfillment, offering joy and support to their lives. This experience has enhanced my empathy, patience, and communication skills, instilling a sense of mission towards societal contribution. The companionship and shared moments with the elderly support group have enriched my life and helped me understand myself more deeply. Therefore, assisting the elderly became a source of pride and identity for me.